

# Childhood Bipolar Disorder - Thirteen Complications

By Flor Serquina

Manic depression is the most commonly used term for bipolar disorder. It is the abrupt change of opposing moods at extreme episodes. One moment, a person may be enjoying his or her natural high. Within a very short period, that person suddenly slumps into an extremely depressive state. If you happen to have a child who has these tendencies, you may have to have him checked with a childhood bipolar disorder test.

This mental problem is often attributed to an early childhood bipolar disorder that was left unattended to or untreated. It is a mental health issue that is being seriously studied by doctors in the hope of developing better treatments. Unfortunately, there is no absolute cure except for mood-stabilizing medications and other drugs that temporarily induce normal behavior in the patient.

## More Critical In Childhood

Childhood bipolar disorder is more critical than with adults. The formative years of a human being begins in childhood. This is also the time when a child's personality is developing fast. If a child is constantly subjected to an erratic environment, this may result in a brain disturbance affecting his or her thought and emotional patterns.

Childhood bipolar disorder interrupts a child's normal focus. Consequently, it can hinder the development of his or her childhood performance, skills and learning process. Below are the possible complications of a bipolar disorder if untreated.

- \* Performance in school activities will be negatively affected.
- \* Your child will have deficiency in social interactions.
- \* Your child may lack normal development of relationships with his or her peers.
- \* He or she will have very low self-esteem and if you don't pay any attention to it, your child will grow with lots of insecurities.
- \* Your child will fail in acquiring the basic necessary skills in everyday life.
- \* Family relations will be affected particularly between you and your child.
- \* Your child will grow up having trust issues.
- \* Drug abuse may be inviting to them especially when they reach the adolescent stage.
- \* Your child can easily cause disruptive behaviors without guilt or remorse. If they do feel guilty, they would sulk and resort to self-pity.
- \* Your child can cause violent and aggressive behaviors leading towards illegal activities.
- \* Childhood bipolar disorder can escalate into suicidal tendencies and suicide itself.
- \* Your child will be impulsive, depressive and may have irrational judgments on other people.
- \* His or her low self-esteem can lead to a very low tolerance in accepting failure and frustration.

## Complications

More complications may arise from this problem. The bad news is that you may not be able to detect it right away. It can sometimes take years for a bipolar disorder to be detected.

Parents must not fail to identify symptoms of manic-depression in their kids especially at a very young age. To prevent this mental illness from happening, responsible parenthood must be present in your home.

As a parent with kids, always be observant and participate in your children's activities. Childhood bipolar disorder can be very difficult to determine because kids are naturally hyperactive and moody.

### About the Author

Flor Serquina is a successful Webmaster and publisher of Bipolar-Disorder-Today.com. She provides more resources on topics such as childhood bipolar disorder, signs of bipolar and information about bipolar disorder that you can research on her website even while lounging in your living room.

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